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Forest School sessions : Thursday 26th September, Thursday 7th November & Thursday 5th December

Dear parents/carer,

At Holway Park we are lucky enough to have a woodland area on site to provide students with Forest School sessions. Each class will have at least one session per term. The following information outlines some important details about these sessions.

Clothing:

- Students must wear long trousers (not jeans) and a long-sleeved top. This is to protect them from cuts, stings and ticks so they must be worn even in warm weather.
- Weather appropriate clothing
 - Warm weather = Sun hat and suncream
 - Cold weather = Warm hat, gloves, scarf, warm coat
 - Wet weather = Waterproof coat and waterproof trousers
- Wellies! It is a very muddy woodland.
- Students who are not dressed appropriately will be able to borrow clothing, otherwise they will not be able to take part in the session.

On the day:

- You and your child will be informed nearer the time as to when their session is.
- Please send them to school in their outdoor clothes. A change of shoes and spare clothes in case they get wet or very muddy is also advisable.



Code of conduct at Forest School:

The following points are what is expected during a Forest School session. Please take the time to read these to your child. If these points are not followed, then your child may not be able to take part in future sessions.

Our code of conduct at Forest School

- We will dress appropriately for Forest School and ensure that we have sensible footwear and warm/cool clothing depending on the weather.
- We treat others as we would wish to be treated ourselves. We use only kind, supportive and polite language and manners. We will not engage in any form of unkindness or bullying.
- We will remain within the boundaries of the woodland at-all-times unless permission has been given by Forest School Leader (no student will leave site unsupervised).
- We will be both mindful and respectful of the woodland and not engage in any activity or behaviour which will damage the woodland environment, this includes littering.
- We will adhere to the “1, 2, 3, where are you?” procedure, responding “1, 2, 3, (.name.) is here”. (Lost and missing person procedure, Emergency and Serious Incident Procedure)
- Sticks will not be used as weapons or thrown and will NOT be pulled or broken from living trees/bushes.
- We will not climb trees unless given permission to do so and no higher than told by a member of staff.
- Fire lighting will be under the safe direction of Forest School Leader and only when deemed suitable for the group. If a fire is lit, it will be attended at-all-times by an adult. We will not run past or around the fire circle and we will sit no closer than 1.5m from the fire pit.
- We will only use tools when instructed to do so by the Forest School Leader and if suitable for the group. Students will only use tools with an adult present. We will strictly adhere to the safety rules when using tools. Forest School Leader will at each session, remind all Forest School participants of safety procedures when using tools.
- We will adhere to a nil by mouth rule in the woodland. We will not put hands near mouths and will use wipes and water for handwashing before consuming food and drink.
- An emergency bag with first aid supplies suitable for the group and woodland setting will be always accessible to staff only. The Forest School Leader is a qualified level 3 outdoor activity first aider.

Tick information leaflet:

<https://assets.publishing.service.gov.uk/media/642bec29fbe620000f17dbbe/Tick-awareness-A5-leaflet-April-2023.pdf>