

PE Overview

Year 1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PE Outside	Unit 1: Ball Skills	Unit 2: Throwing and Catching	Unit 3: Bat and Ball Skills	Unit 4: Partner Work	Athletics	Rounders
Dance/Gymnastics	Unit 1: Dance	Gym: Points and Patches	Unit 2: Dance	Gym: Rocking and Rolling	Unit 3: Dance	Gym: Wide, Narrow, Curled

Year 2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PE Outside	Unit 1: Throwing and catching	Unit 2: Making up games	Unit 3: Dribbling and kicking	Unit 4: Group Games	Athletics	Rounders
Dance/Gymnastics	Gym: High/Low	Unit 1: Dance	Gym: Pathways	Dance: Unit 2	Gym: Turning, Spinning and Twisting	Dance: Unit 4

Year 3	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PE Outside	Unit 1- Ball Skills	Unit 2- Creative Game Making	Unit 3- Net/Court and Wall games	Invasion games (Yr 4 unit 3)	Athletics	Rounders
Dance/Gymnastics	Gym-Stretching, Curling and Arching	Dance: Unit 1	Gym: Pathways	Dance: Unit 2	Gym: Travelling with change	Dance: Unit 4

Year 4/5	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PE Outside	Unit 1 Net/Court/Wall games	Unit 3: Invasion games	Unit 2: Invasion and Target games	Unit 4: Striking and Fielding	Athletics	Rounders
Dance/Gymnastics	Dance Unit 2 (Yr4)	Gym: Balance	Dance: Unit 4 (Yr 4)	Gym: Rolling	Dance: Unit 1 (Yr5)	Gym: Bridges (Yr5)

Year 6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PE Outside	Cricket	Football	Volleyball	Tennis	Athletics	Rounders
Dance/Gymnastics	Swimming	Swimming	Gym- Synchronisation	Gym- Holes and Barriers	Gym- Balance and tension	Dance- Country Dance Unit or Unit 3