



Holway Park School

RSHE Policy

2024

To be reviewed following parental consultation January 2025

Holway Park RSHE Policy (linked with PSHE Curriculum map)

Why it's important

We want to make sure that young people understand what healthy relationships look like and how to navigate their personal lives in a positive, safe and healthy way.

Children and young people are growing up in an increasingly complex world and they need to know how to be safe and healthy. RSHE helps them embrace the challenges of creating a happy and successful adult life. These subjects support children and young people to develop healthy relationships, and to keep themselves and others safe, both on and offline.

Do all children have to learn RSHE?

Parents still have the right to withdraw their child from sex education, but not from the essential content covered in relationships education.

Primary School

At Holway Park Primary School relationships education teaches children a wealth of information about healthy relationships, including how to communicate their own boundaries and recognise the boundaries of others, this includes FGM through keeping your private areas safe, staying safe online, and the differences between appropriate and inappropriate or unsafe contact.

Health education here includes puberty, including menstruation, as far as possible this is addressed before onset. We also focus on teaching the characteristics of good physical health and mental wellbeing, and teachers are clear that mental wellbeing is a normal part of daily life, in the same way as physical health.

Sex Education

At Holway Park school we teach sex education in Year 6. We consult and inform parents beforehand to allow the opportunity for parental questions or request for withdrawal from lessons. Parents will have a right to request that their child is withdrawn from sex education, but not from Relationships Education.

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