

Holway Park Community Primary School – RSE Progression Table

Year Group	Key Topics	Safeguarding Focus	Statutory / Non-Statutory
Reception (EYFS)	Feelings (happy, sad, worried), forming friendships, family differences, taking turns, hygiene routines, privacy	Recognising trusted adults, personal space	Statutory
Year 1	Different family types, being kind, recognising bullying, basic online safety, hygiene	Body belongs to me, trusted adults	Statutory
Year 2	Managing feelings, solving friendship problems, recognising similarities/differences, safe/unsafe secrets	How to tell an adult if something feels wrong	Statutory
Year 3	Respectful relationships, personal boundaries, early physical/emotional changes, peer pressure, online communication	Difference between privacy and secrecy	Statutory
Year 4	Managing friendship conflict, strong emotions, introduction to puberty, hygiene, safe online behaviour	Seeking help if someone makes them uncomfortable	Statutory
Year 5	Puberty, menstruation, personal identity, stereotypes, online relationships	Responding to unsafe situations confidently	Statutory (puberty) + Non-statutory sex education optional
Year 6	Transition to secondary school, changing friendships, healthy/unhealthy relationships, consent (age-appropriate), media influence, reproduction	Recognise risks, respond to pressure, seek support	Statutory (Science + Relationships Education) + Non-statutory sex education optional